



The humanitarian Organization

HEARTS & HANDS

help to heal yourself

Code of conduct

1. To be a Hearts & Hands therapist then one must, in a conversation with the therapist in charge, demonstrate that one has practical, therapeutical experience and that one recognizes the purpose of Hearts & Hands and the Code of Conduct.
2. Hearts & Hands therapists offer to help others in need without conditions for this help.
3. Therapists in Hearts & Hands offer healing through the laying-on of hands as well as their presence and prayer.
4. The therapists in Hearts & Hands abide by the rules of professional secrecy and do not offer diagnoses, clairvoyancy or other forms of counselling.
5. The length of each session is targetted to be 10 to 20 minutes.
6. It is not helpful to become personally attached to a client, just as it is not admissible to incooperate or promote private therapeutic practises when working for Hearts & Hands.
7. Clients who are deemed to be under the influence of drink and/or drugs are refused access in a kind and firm manner, and are urged to come again when sober. Clients who take medicinal drugs are to be treated like all other clients. In certain critical circumstances it can then be advisable for therapists to work in pairs.
8. Each healing centre has a therapist in charge, who in cases of doubt can guide the other therapists. The therapist in charge also conducts conversations with new therapists. All therapists in the Healing Centres share responsibility for that the work takes place within the guidelines laid down by Hearts & Hands.
9. Before the sessions start, the therapists convene in a common ritual in order to concentrate the Healing energy. This is the energy that we surrender to and which is used during the sessions. In relation to this energy then the individual therapist's personal feelings and sensations are then unimportant. In the old mystery traditions then this force is called the Holy Spirit. That is to say an overall energy, which one surrenders to, and from which one channels and accepts the power needed to heal.

10. Therapists meet regularly in order to exchange experiences and inspire each other personally and professionally.

Points of advice

A session is instigated with a very short conversation, whose only purpose is to get the client to relax and feel comfortable. The therapist may present themselves by name, and explaining the client what is going to happen, but he or she must not dwell on the client's ailment, as this will nurture the "pain body" and give further energy to the client's problems.

The therapist knows that it is through the powers called upon that the healing process works, more than it has anything to do with the therapist's personal abilities, feelings and sensations. The Hearts & Hands therapist simply places him or herself at the disposal of the ever present heavenly powers.

Directly after the healing has taken place, the therapist takes leave of the client, and trusts that the healing has been successful and that it now just needs to be left to work.